

Why do we learn Health and Social Care?

Pupils learn about how people grow and develop through their life. The course gives pupils an insight into how life events that may happen can impact them and different ways to deal with them and how support can help. This develops their ability to understand the wider world. Pupils are taught the skills and knowledge needed to work with the Health and Social Care sector. Pupils will be developing the skills, values and attributes needed to work with people in the community.

How do we learn in Health and Social Care lessons?

This is an optional subject in Key Stage 4, pupils are expected to demonstrate an informed and mature attitude and understanding of the key topics. Pupils follow the Pearson BTEC Tech Award specification. They are taught a component at a time over the two years.

What do we learn in Health and Social Care lessons?

	Autumn	Spring	Summer
Year 10	<p><i>Human Lifespan Development</i></p> <p><i>How do people grow and develop?</i> <i>How can factors affect an individual's development?</i> <i>What are life events?</i> <i>How can a life event impact an individual?</i> <i>What support is available to help individuals cope with life events?</i></p>	<p><i>Health and Social Care Services and Values</i></p> <p>What services are available within Health and Social Care? What barriers an individual will face when accessing care and how to overcome them What skills, attributes and values do health and social care professionals need to provide care?</p>	<p><i>Health conditions affecting Health and Wellbeing</i></p> <p>What does it mean to be healthy? How can we keep ourselves healthy? How can being unhealthy impact us?</p>
Year 11	<p><i>Health and Wellbeing</i></p> <p>What are health indicators and what do they show? How can an individual improve their health and wellbeing?</p>	<p><i>Health and Wellbeing</i></p> <p>What obstacles will an individual face when trying to improve their health and how can we overcome them?</p>	<p><i>Revision</i></p> <p>Exam questions Revision techniques - Big 4</p>