

Why do we learn PSHE?

Personal Social and Health Education provides all pupils with an equal opportunity to develop the skills and knowledge they need to thrive now and in the future.

This includes helping them to deal with critical issues they face every day such as friendships, emotional wellbeing and change. It also gives them a solid foundation for whatever challenging opportunities lie ahead, so they can face a world full of uncertainty with hope.

From making informed decisions about alcohol to succeeding in their first job, PSHE education helps pupils prepare for all the opportunities, challenges, life decisions and responsibilities they'll face.

How do we learn in PSHE lessons?

Pupils follow a bespoke curriculum based on government guidance and socio-economic research and the most recent Public Health Reports. Key Stage 3 pupils have one timetabled PSHE lesson each fortnight. They follow a knowledge rich curriculum that allows them to investigate different issues and develop an understanding of the law around these issues.

In Key Stage 4, pupils look to cement the core knowledge of KS3; they are expected to demonstrate an informed and mature understanding of the key issues. Pupils follow a bespoke curriculum based on government guidance and socio-economic research and the most recent Public Health Reports.

In both Key Stage 3 and Key Stage 4 knowledge of key issues is prioritised and defined in Knowledge PLCs,

The Subject Site also provides links to various websites for further advice and guidance.

What do we learn in PSHE lessons?

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| | Autumn | Spring | Summe |
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| Year 7 | <ul style="list-style-type: none"> ● Identity and belonging ● Bullying ● E-Safety ● Digital Footprint ● RSE | <ul style="list-style-type: none"> ● Careers Education - Smart Target and Goal Setting ● Health Education- Personal Hygiene | <ul style="list-style-type: none"> ● CSE ● County Lines ● Risky Behaviour |
| Year 8 | <ul style="list-style-type: none"> ● Public Health England ● Smoking ● Alcohol ● Drugs | <ul style="list-style-type: none"> ● Careers Education - Jobs of the future/Patterns of work ● Health Education - Self Harm/Mental Health | <ul style="list-style-type: none"> ● Modern Day Slavery ● Cancer Awareness ● Keeping safe outside of school |
| Year 9 | <ul style="list-style-type: none"> ● Relationship and Sex Education ● Consent ● Pornography ● STI's ● Methods of contraception | <ul style="list-style-type: none"> ● Career Education - Employment Market in Wirral ● Stereotypes and Aspirations | <ul style="list-style-type: none"> ● Mental Health ● Self Esteem ● Importance of sleep |
| KS4 | <ul style="list-style-type: none"> ● Forced/Arranged marriages ● Consent ● FGM | <ul style="list-style-type: none"> ● Online safety (Sextortion) ● Financial Capability | <ul style="list-style-type: none"> ● Harmful Sexual Behaviour ● Substance Abuse |