



Woodchurch High School

# Safeguarding Newsletter

Issue No. 5 | March 2023



## Updates

This is the fifth in our safeguarding updates for Parents and carers, if you have any queries or want to discuss any aspect of safeguarding or if you would like to report any concerns please contact a member of the Safeguarding Team at [safeguarding@woodchurchhigh.com](mailto:safeguarding@woodchurchhigh.com) or on the main school number 677 5257.

We have also created a new 'Parents' Hub'. This site has allowed us to create a central repository of information and advice for parents to easily access.

It has sections on Online Safety and Parental Controls for mobile phones so please take the time to review this information.

[Parents' Hub](#)

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# Online Safety

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This continues to be something we are contacted by parents for support with frequently. Below are some excellent sources of information and support for both parents and children from the NSPCC. The site targets specific areas of online safety and it offers guidance and signposting, this is not just for families or young people who are experiencing issues but also to strengthen knowledge and understanding about the facts and dangers of online usage and to increase resilience in young people against these issues.

- [Online safety advice](#)
- [Our online safety work](#)
- [Inappropriate and sexual behaviour](#)
- [Worried about something online?](#)
- [Online safety guides for parents](#)
- [Resources for professionals](#)
- [Resources for children](#)
- [Resources for children with SEND](#)
- [Help us keep children safe online](#)



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## Youth Produced Sexual Images and Sexting

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This is a useful resource for awareness raising and support around sexting. This can be a very damaging thing that students will be reluctant to disclose and talk about. This leaflet explains the legalities around sexting and also how students and parents can seek and get help.

**<https://swgfl.org.uk/assets/documents/so-you-got-naked-online.pdf>**

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# Wellbeing Support through Wirral Kooth Secondary School Engagement Programme

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This half term all year groups have had presentations from Kooth.

[Kooth.com](https://www.kooth.com) is a free, safe and anonymous online counselling and mental health support service.

Kooth has been commissioned in The Wirral by The Cheshire & Merseyside ICB for any young person between the ages of 11 and 25.

In these assemblies Kooth representatives have highlighted and modelled the range of support features available on Kooth, including how to sign up and access counselling support.

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## PSHE

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In recent sessions all our students have learned how and when to perform CPR and also where the Defibrillator points in the school are. We believe this is a crucial piece of knowledge that all young people should have so please ask your child to share their experiences with you.

Pupils in Year 7 have been developing their knowledge on healthy and unhealthy relationships. They have also been learning about Consent and the Law around this issue.



Pupils in Year 8 and 9 have been learning about the world of work and how it has changed since the Pandemic.

They have also been looking at jobs of the future specifically in Wirral and the skills and attributes required for these jobs.

Pupils in Year 10 and 11 have been focusing on financial capability. Lessons have been focused on how to avoid getting into debt and debt management alongside lessons on how to create a budget.