

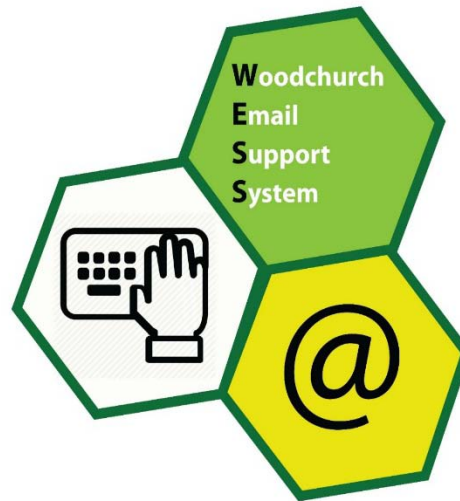
## ASK WESS

## Woodchurch Email Support Service



## What can they help with?

- *Friendships issues*
- *Family issues*
- *Concerns around work*
- *Stress/anxiety*
- *Well-being support*
- *Sexuality/gender support*
- *Work in school*



- **They can also tell you where you get advice and guidance with**
- *Drug/alcohol issues*
- *Health issues*
- *Sexual health issues*

# WOODCHURCH HIGH SCHOOL

A Church of England Academy

Headteacher: Ms Rebekah Phillips, BA (Hons) NPQH

 THE CHURCH  
OF ENGLAND  
Diocese of Chester



Established Excellence



**[askwess@woodchurch-high.wirral.sch.uk](mailto:askwess@woodchurch-high.wirral.sch.uk)**

0151 677 5257 | [schooloffice@woodchurch-high.wirral.sch.uk](mailto:schooloffice@woodchurch-high.wirral.sch.uk) | [www.woodchurchhigh.com](http://www.woodchurchhigh.com) | Carr Bridge Road, Wirral, CH49 7NG

Woodchurch High School is an Academy and a company limited by guarantee incorporated in England & Wales under number 07775671

## ASK WESS LIVE



A confidential drop-in service where trained mentors can support you with any problems, such as:

- Family Problems
- Friendship problems
- Stress/Anxiety
- School work worries
- Relationships
- Sexuality/Gender support

Ask **Wess** Live can be found in the Chaplaincy Office each lunchtime from 12.35-12.55.

### Ask WESS Live Schedule

WEEK	MONDAY Year 7	TUESDAY Year 8	WEDNESDAY Year 9	THURSDAY Year 10	FRIDAY Year 11
<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL
<b>2</b> ALL BOY PANEL	<b>2</b> ALL BOY PANEL	<b>2</b> ALL BOY PANEL	<b>2</b> ALL BOY PANEL	<b>2</b> ALL BOY PANEL	<b>2</b> ALL BOY PANEL
<b>3</b> ALL GIRL PANEL	<b>3</b> ALL GIRL PANEL	<b>3</b> ALL GIRL PANEL	<b>3</b> ALL GIRL PANEL	<b>3</b> ALL GIRL PANEL	<b>3</b> ALL GIRL PANEL
<b>4</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL	<b>1</b> MIXED PANEL

## **Worry Box**

**Outside Mr  
Smith's office**

**Make an anonymous  
report of bullying or  
any worries**

## **Nurse's Box**

**Outside Mr  
Smith's office**

**If you would like to  
see the school nurse**

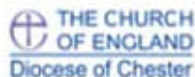
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<b>Brook Clinic</b>		
<b>Every Monday</b>	<b>Nurse's Office</b>	<b>12:25pm</b>
<b>Can offer support with:</b> <ul style="list-style-type: none"><li>• <b>Contraception advice</b></li><li>• <b>Pregnancy testing</b></li><li>• <b>Chlamydia testing</b></li><li>• <b>STI testing and advice</b></li><li>• <b>Condoms</b></li></ul>		
<b>Health Service in school</b>		
<b>Every Thursday</b>	<b>Nurse's Office</b>	<b>12:25-13:05</b>
<b>Your Health Service in School Youth Worker is Paddy Rogers</b> <ul style="list-style-type: none"><li>• <b>Can offer support around all health issues</b></li></ul>		
<b>Stop Smoking Service</b>		
<b>Every Wednesday</b>	<b>Nurse's Office</b>	<b>12:25-13:05</b>
<ul style="list-style-type: none"><li>• <b>Can offer any brief support around any issues or signpost for further support</b></li></ul>		

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