

### Clinical psychologist £26,565 to £100,431

your aim is to reduce the distress and improve the psychological well-being of your clients. Using psychological methods and research, you'll make positive changes to your clients' lives and offer various forms of treatment

- **empathy and a person-centred approach** to clients
- the ability to recognise your own limitations and respond to difficult situations
- the ability to apply your knowledge of academic psychology and research to clinical problems
- the capacity to be critical and analytical and to work in a self-motivated, independent way
- excellent communication and interpersonal skills in order to deal with people in distress
- the ability to collaborate with colleagues from other disciplines
- the determination to succeed
- a strong understanding of the profession and the role of a clinical psychologist, and an awareness of current NHS issues.

A driving licence is usually required for local travel.

### Counselling psychologist £26,302 - £82,000

use psychological theory and research in therapeutic work to help clients with a variety of problems. These problems can include difficult life issues and mental health conditions

- interpersonal and psychotherapeutic skills;
- excellent communication skills;
- an open-minded and sensitive approach when dealing with clients;
- the ability to explore emotional issues with clients;
- a healthy curiosity and research-minded approach;
- analytical skills;
- the ability to work as part of a team;
- the capacity to look at how and why things are working, or not working, with clients;
- independence and self-motivation;
- self-awareness, self-knowledge, security and self-belief;
- **capability to working under pressure.**

### Educational psychologist £35,731 to £62,835

help children or young people who are experiencing problems that hinder their successful learning and participation in school and other activities.

- excellent communication skills;
- **sensitivity, tact and diplomacy;**
- the ability to be assertive, persuasive and an effective facilitator;

- strong negotiating, administration and time management skills

#### Forensic psychologist £24,000 to £95,000

relate to the assessment and treatment of criminal behaviour. You'll work not only with prisoners and offenders

- communication and listening skills;
- **the ability to establish a relationship** with the offender community;
- a systematic approach to work;
- teamworking and leadership skills;
- motivation and commitment;
- problem-solving ability and decision-making skills;
- planning and research skills and the ability to **analyse and present statistical information**;
- self-awareness and a high level of security awareness;
- a **non-discriminatory, non-judgemental** approach;
- resilience and the capacity to cope with an element of personal risk.

#### Further education teacher £24,202 to £36,524

As a further education (FE) teacher, you'll teach a range of subjects in one of three main areas: **vocational training, academic teaching, basic skills**

- in-depth knowledge of your subject or professional area (if teaching a vocational course)
- written and verbal communication skills
- interpersonal skills and the ability to relate to students of all ages and abilities
- organisation and planning skills
- creativity
- a flexible approach to work
- enthusiasm, motivation and commitment
- patience and a sense of humour.

#### Health psychologist £26,302 to £99,437

help patients of all ages and with varying psychological or physical health issues respond to and manage the psychological aspects of their illness.

- the ability to apply your knowledge of academic psychology and research to health-related problems;

- the capacity to be critical and analytical and to work in a self-motivated, independent way;
- excellent communication and interpersonal skills in order to deal with people with long-standing and deep-rooted health problems;
- the ability to collaborate with colleagues from other disciplines;
- a strong understanding of the profession and the role of a health psychologist, and an awareness of current NHS and public health issues.

### High intensity therapist £26,302 to £57,640

you'll support individuals of all ages and cultural backgrounds who are experiencing mental health conditions, in particular moderate to severe depression and anxiety

- the skills to develop good therapeutic relationships with patients
- interpersonal skills to establish rapport with patients' families
- a genuine concern for the wellbeing of patients
- team working skills to collaborate with other healthcare professionals, such as GPs
- an interest in using clinical supervision and personal development positively and effectively
- the capacity to **work under pressure**, in particular when working with high-risk patients
- regard for others and respect for individual rights of autonomy and confidentiality
- skills in communicating clearly and persuasively, both verbally and in writing
- the ability to liaise and network with a range of organisations and members of the public
- basic IT skills, including word processing and database packages
- a high level of **enthusiasm and self-motivation**
- good time management and organisational skills relating to the overall number of patient contacts offered and clinical sessions carried out per week
- how to apply your knowledge of high intensity therapeutic interventions to clinical problems

### Occupational psychologist £18,000 to £80,000

you'll apply psychological knowledge, theory and practice to organisational issues in the workplace, such as culture and change, as well as issues at an individual or team level.

- excellent communication and interpersonal skills in order to convince clients of your abilities, inspire their trust and gain information
- adaptability and flexibility
- problem-solving ability
- self-confidence, with the ability to deal with a variety of people
- the ability to influence other professions, managers and staff, who may be sceptical or resistant about what you're offering
- resilience and a positive attitude

- the **ability to work under pressure** - you will need to achieve results within fixed deadlines while working on a number of projects
- pragmatism
- commercial awareness
- the ability to show that your work has practical and worthwhile benefits over a relatively short timescale.

For some posts, you'll also need show competence in psychometrics or statistical analysis

### Primary care graduate mental health worker £19,217 to £41,373

provide a range of treatments, support and advice to people suffering from common mental health issues, such as anxiety and panic attacks.

- a good understanding of mental health issues;
- **excellent listening skills** to engage with service users;
- the ability to build strong, trusting relationships with service users, other health professionals and colleagues;
- independence and the **ability to use your initiative**, for example when lone-working or working one-to-one with service users;
- flexibility in your approach to providing service-user support;
- good written skills to write reports, letters and manage patient files and records;
- strong time management skills and organisation to manage service-user interactions and group sessions;
- professional practice awareness and the ability to develop your own clinical practice;
- an ability to manage your own personal wellbeing when dealing with difficult situations and emotional issues.

A driving licence is also often required.

### Psychological wellbeing practitioner £19,217 to £35,225

support individuals of all ages and cultural backgrounds who are experiencing common mental health difficulties such as mild to moderate symptoms of depression, anxiety and low mood. You'll offer a range of low intensity cognitive behavioural therapy (CBT) based interventions that will help your clients to manage their own recovery.

- the ability to be self-reflective;
- the skills to develop good therapeutic relationships with clients;
- team working skills and an aptitude for fostering good working relationships;
- an interest in using clinical supervision and personal development positively and effectively;
- the capacity to work under pressure;
- regard for others and respect for individual rights of autonomy and confidentiality;
- skills in communicating clearly and persuasively, both verbally and in writing;

- the ability to liaise and network with a range of organisations and members of the public;
- basic IT skills, including word processing and database packages;
- a high level of enthusiasm and self-motivation;
- **good time management and organisational skills** relating to the overall number of client contacts offered and clinical sessions carried out per week;
- how to apply your knowledge of low-intensity therapeutic interventions to clinical problems.

### Sport and exercise psychologist £20,000 to £48,000

are concerned with the behaviours, mental processes and well-being of individuals, teams and organisations involved in sport and exercise

- an interest in sport
- excellent communication and interpersonal skills
- active listening and reflection skills
- patience and the ability to motivate others
- flexibility in order to work in a range of settings with different clients
- problem-solving skills
- decision-making ability
- commitment to research and continuing professional development (CPD)
- ability to work under pressure and cope with stressful situations
- a **methodical approach to work**
- IT skills